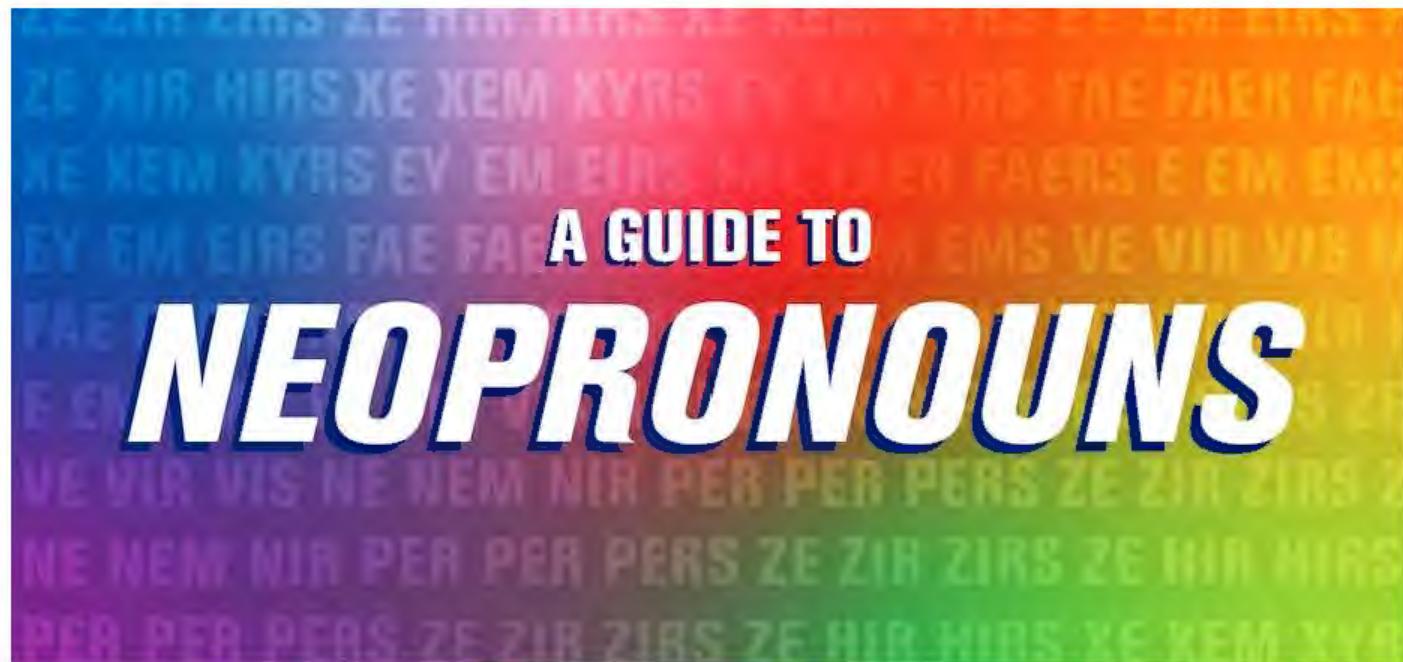


Exhibit 7

RESOURCES

Transgender LGBTQ+ Youth Allies Coming Out Parenting

Understanding Neopronouns



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What are Neopronouns?

Pronouns are the words we use to refer to ourselves and others and are an important part of our daily lives. In English, the most common personal pronouns are **he/him/his** and **she/her/hers**, which are typically used to refer to people who identify their gender

(identity) as masculine or feminine, respectively. **They/them/theirs** is another common set of pronouns that is used by many non-binary people.

Neopronouns are also pronouns, and include those pronouns besides the ones most commonly used in a particular language. As one's pronouns are ultimately a reflection of their personal identity, the number and types of (neo)pronouns a person may use is limitless.

Examples of neopronoun sets include: **xe/xir/xirs, ze/zir/zirs** and **fae/faer/faers**.

On this page you will find answers for several common questions about neopronouns as well as a table listing the conjugations of several common neopronouns.

How do I use neopronouns?

Neopronouns are used much in the same way other pronouns are used.

For example, take the neopronoun xe/xir/xirs (which parallels, respectively, *she / her/ hers*).

Much like you would say “I saw *her* yesterday, and *she* said the book was *hers*,” you would say

“I saw *xir* yesterday, and *xe* said the book was *xirs*.”

For the neopronoun ze/zir/zirs you would say:

“*Ze* will be arriving soon, and bringing *zir* famous carrot cake, which was *zirs* grandma’s recipe!”

For the neopronoun fae/faer/faers, you would say:

I asked *faer* what *fae* thought of the movie.

Are neopronouns really new?



Although the term “neopronouns” suggests pronouns that were recently developed, their use has been recorded for several centuries. [During the 12th century](#), the Old English gender pronouns “he” and “heo” naturally evolved to a near indistinguishable pronunciation, which eventually led to the adoption of “she” as a feminine pronoun. The gender-neutral pronoun “ou” was recorded by William H. Marshall in 1789 and traced back to the gender-neutral pronoun “a” in Middle English.

[From 1934 to 1961](#), the Merriam-Webster’s Unabridged Dictionary recognized the gender-neutral pronoun “thon,” a contraction of the phrase “that one,” which was coined by Charles Crozat Converse in 1858.

[In the 1990s](#), the early online community LambdaMOO allowed users to choose the gender-neutral pronoun set E/Em/Eir, called Spivak pronouns after the mathematician Michael Spivak.

The English language has evolved over centuries and continues to evolve even in the present. Neopronouns are another example of this evolution and a step towards a society where people can more fully express all parts of themselves.

What about honorifics?



People who use neopronouns may prefer not to be addressed with gendered honorifics such as “Ms.” / “Mr.” / “Mrs.” As an alternative, many neopronoun users use “Mx.” as an honorific, as in “Mx. Jones.”

Similarly, instead of Sir or Ma’am, many use “Zir” as in “Thank you, Zir” or “Yes, Zir.”

How do I find out if someone uses neopronouns?



When you first meet someone, it’s best to avoid assuming their pronouns. Instead, create opportunities for them to share their pronouns by first sharing your own. For example, one might introduce themselves by saying:

“Hi! My name’s Amelia and my pronouns are she/her/hers. It’s a pleasure to meet you!”

Still, others may experiment with using new sets of pronouns. Anyone can experiment with using different pronouns for themselves as a way to further explore their gender identity. Just like other aspects of a person’s life, someone’s gender identity and expression may evolve over time. Exploring

your gender identity and expression can be a healthy way to better understand your own sense of gender and find new aspects of yourself that you may find enjoyable.

Why is it important to refer to someone by the pronouns they use? +

You should always use someone's correct pronouns, even when they are not around, unless they specifically request that you not do so for reasons such as safety or privacy. When someone chooses to use neopronouns, they are expressing their authentic selves, and deserve our respect. The experience of being misgendered – having someone use the incorrect pronouns to refer to you – can be uncomfortable and hurtful. The experience of accidentally misgendering someone can be difficult for both parties. Neopronouns are a wonderful expression of our society's diversity and using the correct pronouns for someone is a great way to show your allyship.

Some people may also use multiple sets of pronouns (ex. she/they, he/she, they/fae) at all times or in certain situations. Those who use multiple sets of pronouns often feel it is necessary to express different aspects of their gender identity. When you meet someone who uses multiple pronoun sets, you may kindly ask their preferences for when and how to use each of their pronouns.

What if I mess up? +

If you make a mistake, it's best to quickly apologize and move on with the conversation. When you hear someone else misgender someone, you may also correct them so that they are more likely to use the correct pronouns in the future.

Using someone's pronouns may take practice, especially if that person previously used different pronouns or if they are using pronouns that you are unfamiliar with. The best way to avoid using incorrect pronouns for someone is to simply take a moment before speaking or writing to remember how they refer to themselves. With enough use of the correct pronouns, it can become a habit that requires little effort to get right. The payoff will be increased comfort and friendliness between you and those you interact with.

How many people use neopronouns? +

According to a [2020 report by The Trevor Project](#), among LGBTQ+ youth in the United States (ages 13-24), 4% use neopronouns. Adults also report using neopronouns. In fact, 2% of adults in the [2021](#)

LGBTQ+ Community Survey use various neopronouns including Ey/Em/Eir, Ze/Hir/Hirs, Ze/Zir/Zirs or Xe/Xem/Xyrs.

How do some autistic people use neopronouns? +

Anyone can use neopronouns, but neopronouns are especially popular in the autistic community. Autism is a neurotype, which means autistic folks' brains are wired differently than allistics' (non-autistics) brains. It changes the way that they experience the world around them, as well as how they interact with it.

Since autistic folks experience the world differently from allistic folks, this can also affect how autistic vs. allistic people present or experience their gender. For autistic people, their sensory experiences, emotional expressions, and atypical social skills all play a role in how they perceive their gender identities or how they express them. In many ways, their autism is not separate from their gender.

Similarly, since neopronouns break the mold of traditional pronouns, many autistic folks who experience their gender in this unique way, or who wish to express their gender differently, opt to use neopronouns.

Of course, neopronouns are not limited to just autistic folks. Anyone can express their gender in nonconforming ways and use neopronouns to further express that. But neopronouns have high usage in the autistic community due to the different ways autistic people interpret and engage with themselves and others.

What are nounself pronouns and xenogenders? How do I use them? -

Some neopronouns users may adopt nounself pronouns, which are pronouns referring to pre-existing words. Nounself pronoun users often choose pronouns based on objects or ideas that they have a strong personal connection to. For others, nounself pronouns may also be a reflection of their gender identity.

It may help to see this used in a sentence. In the sentence "**She** brought the coat for **herself**, which was **her** grandmother's coat," the person uses she/her pronouns. If the person doesn't identify with pronouns like these but instead uses the word **Kit** to identify, you would simply say "**Kit** brought the coat for **kitself**, which was **kit's** grandmother's coat."

When thinking about gender identity, many people think of gender as somewhere on a spectrum of masculinity and femininity. But xenogender is used by some people who feel their gender is neither masculine nor feminine and not related to the understanding of these binary identities. Like nounself pronouns, xenogender may use objects or ideas as metaphors to describe their gender.

The beauty of gender and language lies in their unlimited potential for expressing our truest selves. Xenogenders and nounself pronouns are innovative ways for people to express the fullness of their identities.

Are There Only Neopronouns in English? +

Neopronouns are not just an English invention. In fact, many neopronouns in other languages resemble the English “they/them.”

While the definition of neopronouns for English is “anything other than he/she/they,” the definition worldwide is “anything other than the conventional pronouns of that language.” Since many languages do not have a singular form of “they/them,” or any gender neutral pronouns, people are creating neopronouns similar to the English “they/them.”

Many Indo European languages such as English, German, and Spanish, as well as other languages, have gendered endings and articles, as well as gendered pronouns. In these languages, no options exist for singular third-person gender neutral pronouns, so people started creating them.

Neopronouns exist in just about every language that has a non-binary speaker!

How Would a Neopronoun Work With the Grammar of Other Languages? +

Despite moves toward gender neutral pronouns, many languages still conjugate things on the basis of singular or plural pronouns. This is what makes it awkward for these languages to use their plural “they/them” in the singular form like in English. Plus, wouldn’t English neopronouns sound funny in other languages?

The great thing about neopronouns is that they are not just for English, and the neopronouns that are created to sound good in English aren’t the only neopronouns that exist. There are neopronouns that exist just in other languages. Neopronouns in other gendered languages are created with the grammar and pronunciation of that language in mind. Let’s look at German for an example.

One of the most popular neopronouns in English is Ze/Zir. In German, the letter Z makes more of a “ts” sound, whereas the letter S makes more of a “z” sound. Because of this, Ze/Zir in German would sound more like “Tse/Tsir,” which doesn’t fit the general flow of pronunciation. Usually, “ts” sounds are in the middle or at the end of words. This is one example of how English neopronouns don’t translate over into other languages.

To combat this, many German individuals have combined the word *sie* (which means “she”) and *er* (which means “he”) to create *sier*. This neopronoun has been created in a way that will conjugate with the other third person singular pronouns. It follows all German conjugational and case rules.

How would you use this? Instead of saying, “**Sie** will verreisen” (she wants to travel) or “**Sie** packt **ihren** Koffer” (she is packing her suitcase), you say, “**Sier** will verreisen,” or “**Sier** packt **seisen** Koffer.” This pronoun is designed to be used with proper German grammar and pronunciations.

This neopronoun is a great example of how even the newest of pronouns can be created in a way that still works for the complex grammar of different languages.

Spanish, Swedish, Tamil, and French speakers are creating similar forms with neopronouns such as *elle*, *hen*, *avam/ivam*, and *iel*. Some languages, such as Arabic and Hebrew that have gendered forms of “you,” have even been using different forms of “you” as well as different third person pronouns. Mandarin Chinese has even begun using the Latin alphabet to create their own neopronouns that have even become common on national television ads.

Neopronouns are diverse and different in every language, but every world language is adaptable enough to fit them so that everyone’s gender can be validated through our words.

Neopronoun Examples

BASE PRONOUNS	SUBJECT PRONOUNS	OBJECT PRONOUNS	POSSESSIVE ADJECTIVES	POSSESSIVE
They	They ran	I spoke with them	Their eyes grew wide	The cat
Ze/zir	Ze ran	I spoke with zir	Zir eyes grew wide	The ca

BASE PRONOUNS	SUBJECT PRONOUNS	OBJECT PRONOUNS	POSSESSIVE ADJECTIVES	POSSESSIVE
Ze/hir	Ze ran	I spoke with hir	Hir eyes grew wide	The cat
Xe	Xe ran	I spoke with xem	Xyr eyes grew wide	The cat
Ey	Ey ran	I spoke with em	Eir eyes grew wide	The cat
E	E ran	I spoke with em	Eir eyes grew wide	The cat
Ae	Ae ran	I spoke with aer	Aer eyes grew wide	The cat
Fae	Fae ran	I spoke with faer	Faer eyes grew wide	The cat
Ve	Ve ran	I spoke with ver	Ver eyes grew wide	The cat
Ne	Ne ran	I spoke with nem	Nir eyes grew wide	The cat
Per	Per ran	I spoke with per	Per eyes grew wide	The cat

Additional Resources

- [Carrd - Neopronouns Guide](#)
- [Tumblr - Neopronoun Conjugation Guides](#)
- [All Children, All Families - Pronouns 101](#)

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